

PAR EXPRESS



Established 2000

SPRING 2012

Pocono Animal Rescue, Inc

P.O. Box 582

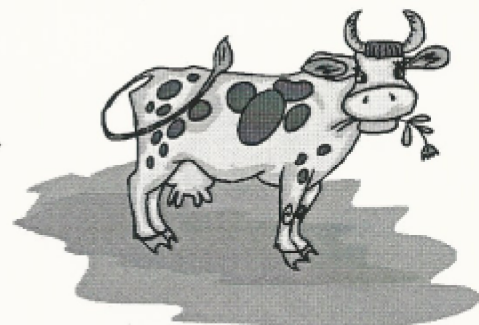
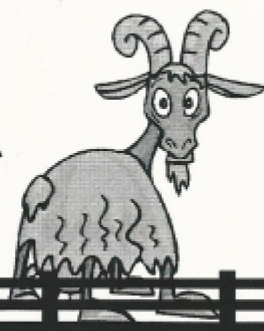
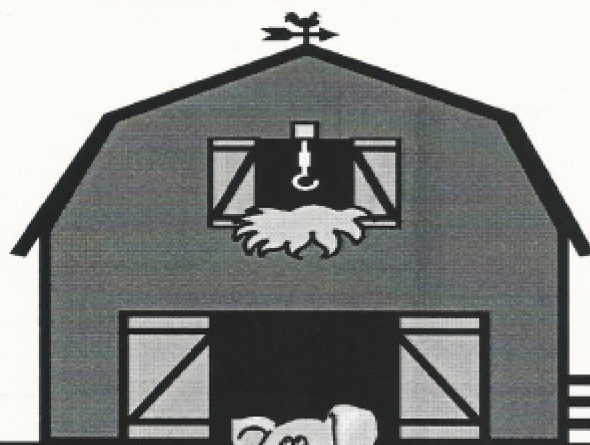
Bartonsville, PA 18321

Phone: 570-476-1464

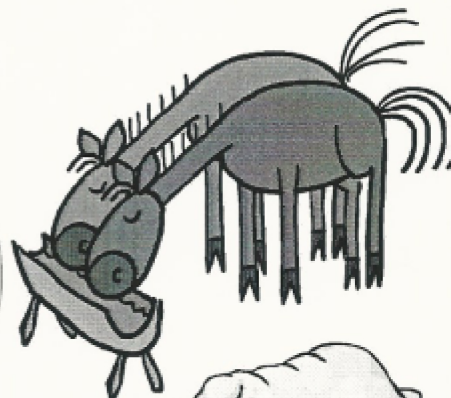
Fax: 570-424-8384

WEB: www.poconoanimalrescue.org

501(c) 3 Non-Profit Org.



**DO YOU KNOW PAR NEEDS
YOUR SUPPORT TO HELP
OUR FRIENDS THAT AREN'T
SO LUCKY AS US....**



**EVERY LITTLE BIT HELPS.
PLEASE !!!!! DO WHAT YOU CAN**

Greetings from the President

It's that time of year again, with some update on PAR happenings!

Since the last newsletter, we adopted 3 out of the 4 horses; they all got loving homes, and doing great with their new families. We still have one horse left that needs a loving home. "Dodger" he's a gentle giant, older gentlemen, with a lot of love for human beings. He would make a great pasture pet, or company for a lonely horse. "Free, to Approved Home"

PAR has investigated several complaints on neglected animals, and we always try to educate the home owners as what's needed for the basic care on owning animals. We work hand in hand with veterinarians, farriers, dentists, to educate public outreach.

2011 PAR did a lot of different Fundraising, and public outreach activities, to name a few we were asked to participate in a parade put on by ESU Home Coming Committee. We also had a Cow Plop Bingo, had many scrumptious fundraising dinners at the Texas Roadhouse, Community Days at Pocono Twp., FOE Eagles Club Craft Bazaar.

Hello I'm "Dodger" it's true I am gentle I also have a lot of heart and promise to be a loyal companion. I'd love to have a pal to hang out with. Can you, or someone you know give me a loving home.



***"UNTIL ONE HAS LOVED AN ANIMAL PART OF
THE SOUL REMAINS UNAWAKENED."***

PAR is a large animal rescue group that serves the Northeast area of PA. We are also a member of the Federated Humane Societies of PA.



PAR MISSION STATEMENT



- ♦ To promote the humane treatment of large domestic animals by offering assistance, information and educational programs
- ♦ To rescue and rehabilitate large domestic animals suffering from abuse and neglect.



CALL IF YOU SEE ABUSE OR NEGLECT

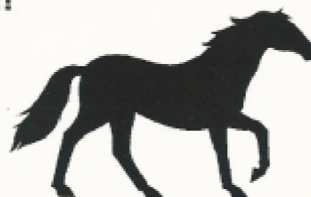
You can report a suspected case of abuse by calling: **570-476-1464**. All telephone calls are kept strictly confidential. PAR humane police officers will investigate all complaints, offering education and advice, and seizing animals when necessary.

All calls are important, animals don't have a VOICE they depend on YOU to speak for them.

**"DON'T WORRY IF YOU'RE WRONG"
WE HOPE YOU ARE !!**

OTHER WAYS TO HELP PAR

- ♦ Tell friends and family about PAR
- ♦ **Save up your Southern States Horse Feed Bags (Proof of Purchase) and mail them to us.
- ♦ Let us know if you are available to help us at our benefits.
- ♦ Can you foster a rescue animal ???



FINANCIAL DONATIONS ARE DESPERATELY NEEDED TO SUPPORT RESCUED ANIMALS.

There is no paid staff in the organization. All members are volunteers donating their time.

Donations go toward:

- ♦ Horse Feed - Hay
- ♦ Veterinary Care
- ♦ Farrier & Dental Care
- ♦ Trailering
- ♦ Liability Insurance
- ♦ Cruelty Officers Certification and Annual Training
- ♦ Transportation when caring for the foster animals.
- ♦ Attorney fee's



** Southern States runs a Coupon Program and will send us \$.25 for every (Proof of Purchase) we send in.

GREAT WAY TO HELP US

PAR Happenings & Fundraising Events!!

- March 24th Sat. 10-3** **Crafters and Direct Sales Fair**
Chestnuthill Community Center
Rt 115, Brodheadsville
- April 21st Sat.** **4th Annual Pet Day**
Rain Date April 28th Northampton Community College
Monroe Campus
- April 28th Sat. 9-3** **Fraternal Order of Eagles 1106**
Ladies Auxiliary Yard Sale
1210 No. 5th St, Stroudsburg
- May 19th Sat 4-7** **PAR Spaghetti Dinner / Raffles/Gifts Baskets and 50/50**
Chestnuthill Community Center
Rt 115, Brodheadsville
- Call ahead to reserve your tickets.**
Adults \$ 8.00 Children \$ 4.00 Take out available
Call: Eileen 570-424-6248 or E-mail: parescue@ptd.net
 Come try your luck and enjoy a great meal !!
- June 16th Sat 9-4** **PAR YARD SALE**
Rain Date June 23rd PPL Parking Lot
So. 715, Tannersville
- Vendor Spots Available:**
Spaces \$20.00 or \$30.00 for 2 (vendors bring your own tables)
Call Lynn: 570-269-5817 or E-mail: lawassel@ptd.net
- Dates to be announced: Pocono Township Community Days and**
 Stroudsburg Community Days

A PEEK AT A FEW OF OUR 2010 EVENTS



BUCKY WAS A HIT AT THE EAST STROUDSBURG
HOMECOMING PARADE



THE STARS OF OUR "COW FLOP BINGO"
READY TO DO THEIR "DUTY"

Please send us your E-mail address so we can keep you up-dated on our Events and PAR news. Contact us via our E-mail parescue@ptd.net

Please Support the Businesses that Support PAR



mountainroadfeedstore.com

570-629-1916 FAX 570-629-6605

Plumbing
Heating
Electric
Wells
Monitor Heaters



Greenhouses
Solar Heat
Remodeling
Tile

POCONO SOLAR SYSTEMS, INC.

WILLIAM L. SCHRAMER

General Contractor

(570) 629-0390

Free Estimates
Fully Insured
Better Business Bureau

R.D. 3, Box 3268
Stroudsburg, PA 18360
poconosolar.com

St. Paul's Lutheran

Pre-School

All Faiths Welcome

Programs:

3 full day Kindergarten Readiness

3 half day Pre-K

3 half day Nursery

Phone: 570-223-7700

E-mail: spls@verizon.net

Craigs Meadow Road, Marshalls Creek, PA
(By Country Kettle Gift Shoppe)



Join us for quality education and lots of fun!



Pocono
country
carriages, Inc.

NOW OFFERING

SUMMER CAMP

"LEARN TO RIDE A HORSE
IN A WEEK"

Phone 570-424-6248

Fax 570-424-8384

Email heidell@ptd.net

Website

poconocountrycarriagesinc.com

CHILDREN AND ADULTS

Contact Eileen

Charlie Piccione Jr

Farrier/Natural Barefoot
Trimmer

Specializing in founder,
transitioning to barefoot
and corrective shoeing

908-319-7198



**POCONO
Cheesecake**
FACTORY

570-839-6844

Alfred and Carole Johnson
Owners

HC1 Box 95, Rt. 611, Swiftwater,
PA 18370

www.poconocheesecake.com

"Love At First Bite"
Since 1985



For All Your Musical Needs



570-424-6040

934 N. 9th St. Stroudsburg, Pa., 18360

Mon-Thur: 10:30 am - 6:00 pm

Friday: 10:30 am - 7:00 pm

Saturday: 10:00 am - 6:00 pm

NIERING'S GARAGE



Paradise Valley,
Cresco, PA. 18326

Phone: 570-595-9993

Hours: Mon - Fri 8:00 am - 5:00 pm

Saturday 8:00 am to 12:00 pm

"COME MEET PETE"

THANKS TO ALL OUR ADVERTISERS
AND OUR PRINTER **OFFICE DIRECT**
FOR HELPING MAKE OUR NEWSLETTER
POSSIBLE.

OFFICE DIRECT
1825 PARADISE TRAIL
EAST STROUDSBURG PA 18301
570-421-2433

Please Support the Businesses that Support PAR

Ruhl
INSURANCE

-Since 1943-

ROBERT W. MOORE, CIC 800-537-6880
Customer Service Agent Fax: 717-665-3515
Agri-Business Services Mobile: 371-4116

26-28 Market Square
Manheim, Pa 17545

Phone: 717-665-2283

DRUM LESSONS

Scott Flax, 40 year studio and live veteran



Whether you're 8 or 80,
it's never too late to learn to play.
From beginner & brush up, to early advanced.

\$22.00 1/2 hour

Call 570-223-9340

GANNON'S
HORSE
SHOEING

570-350-3324



POCONO PET SITTING SERVICE

Melissa Cook

GOING ON VACATION?
LEAVING ON BUSINESS?

LEAVE YOUR PETS IN A HOME THEY KNOW AND LOVE
I HANDLE A VARIETY OF ANIMALS WITH THAT SPECIAL
PERSONAL TOUCH!!

OTHER SERVICES AVAILABLE

570-421-0887



BRIAN E. SHAW
Equine Dental Technician, LLC



Certified
Member

35 Pine Manor Drive
Hellertown, PA 18055

Phone: 610-838-1718
Cell: 267-718-7027



Boarding for Horses & Ponies

Summer Day Camp

Lessons: English, Western & Driving

Sales Rep for "Vita Flex
Products"

Phone 570-424-6248
Fax 570-424-8384
Email heidel@ptd.net
Website
poconocountrycarriagesinc.com

and
"Majesty Animal
Nutrition Products"

Contact Eileen

Motts Radiator & Auto Repair

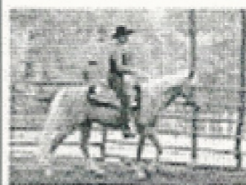
Your Complete Auto Service Center

Skip Motts
Owner

Monday-Friday 7:30am-5:30pm

570-629-0610

Route 715 South
Reeders, PA 18350



Horse Trainer

John T. Bolles "Cowboy"

570-620-8597

johnbolles@ymail.com

Lessons, Unbroke, Round Penning, Trailer Loading
Ground Manners, Quality Horses for Sale

New & Used English & Western Tack, Pro Rodeo &
Pack Horse Equipment, Round Pens, Rubber Mats

DETERMINING THE HENNEKE SCORE

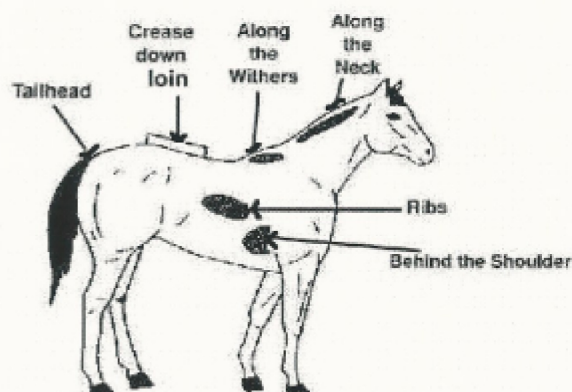
The Henneke scoring method was developed by Doctor Don Henneke and is used to rate the body fat deposition in various places on a horse's body.

The method uses a scale with a range from 1 (extremely emaciated) to 9 (extremely fat).

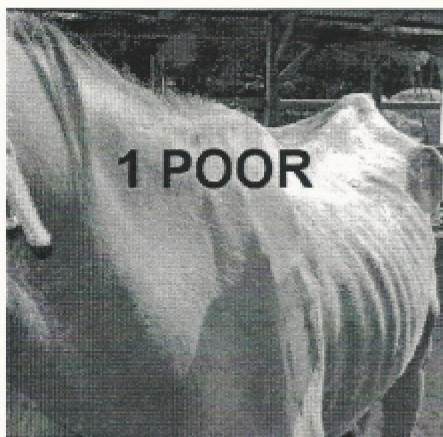
The accepted "norm" score on the Henneke scale for a horse is 5.

The numbered scale replaces previous methods that used vague terms such as Good, Poor, Fair or Bad.

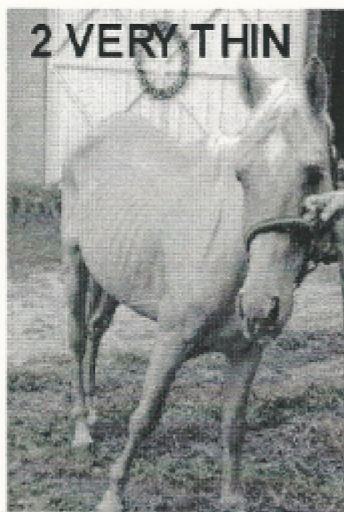
The numbered scale described in the table below provides a uniform method of scoring the condition of horses across all breeds. This is much fairer result than an individual's interpretation of the health of a horse.



CONDITION	NECK	WITHERS	LOIN	TAILHEAD	RIBS	SHOULDER
1 POOR	Bone structure easily visible	Bone structure easily visible	Spinous Processors Project Prominently	Tailhead (pinbones) and hook bones Projecting prominently	Ribs projecting prominently	Bone structure easily noticeable
2 VERY THIN	Faintly discernible	Faintly discernible	Slight fat covering over base of spinous processes. Transverse processes of lumbar vertebrae feel rounded. Spinous processes are prominent.	Tailhead prominent	Ribs prominent	Faintly discernible
3 THIN	Neck accentuated	Withers accentuated	Fat buildup halfway on spinous processes but easily discernible. Transverse processes cannot be felt.	Tailhead prominent but individual vertebrae cannot be visually identified. Hook bones appear rounded but are still easily discernible. Pin bones not distinguishable.	Slight fat cover over ribs. Ribs easily discernible.	Shoulder accentuated.
4 MODERATELY THIN	Neck not obviously thin.	Withers not obviously thin.	Negative crease along back	Prominence depends on conformation, fat can be felt. Hook bones not discernible.	Faint outline discernible.	Shoulder not obviously thin.
5 MODERATE	Neck blends smoothly into body.	Withers rounded over spinous processes.	Back Level	Fat around tailhead beginning to feel spongy.	Ribs cannot be visually distinguished but can be easily felt.	Shoulder blends smoothly into body.
6 MODERATELY FLESHY	Fat beginning to be deposited.	Fat beginning to be deposited.	May have slight positive crease down back.	Fat around tailhead feels soft.	Fat over ribs feels spongy.	Fat beginning to be deposited.
7 FLESHY	Fat deposited along neck.	Fat deposited along withers	May have positive crease down back.	Fat around tailhead is soft.	Individual ribs can be felt, but noticeable filling between ribs with fat.	Fat deposited behind shoulder
8 FAT	Noticeable thickening of neck	Area along withers filled with fat.	Positive crease down back.	Tailhead fat very soft.	Difficult to feel ribs.	Area behind shoulder filled in flush with body.
9 EXTREMELY FAT	Bulging Fat	Bulging Fat.	Obvious positive crease down back.	Building fat around tailhead.	Paunchy fat appearing over ribs.	Bulging Fat.



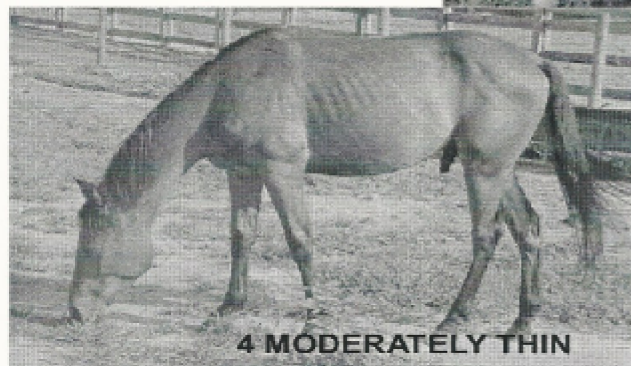
1 POOR



2 VERY THIN



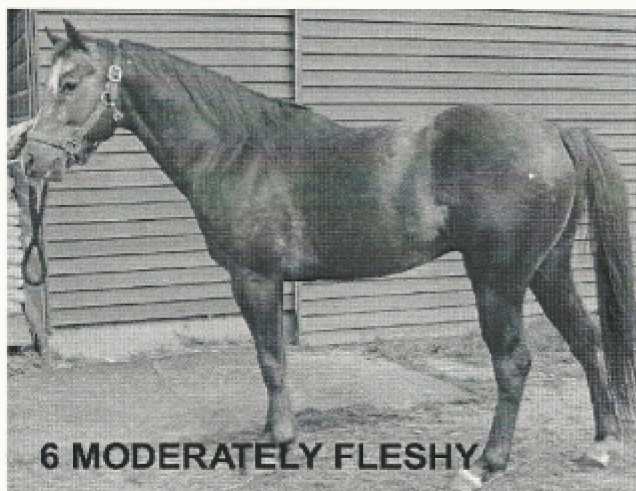
3 THIN



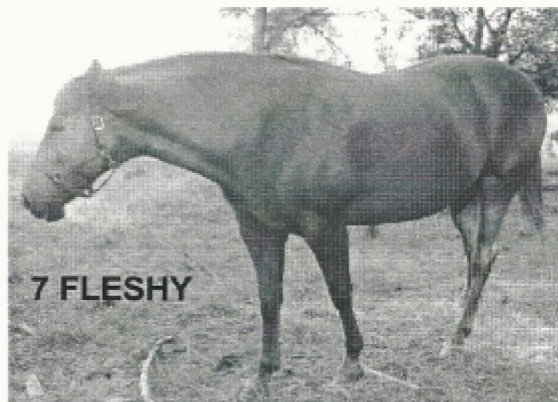
4 MODERATELY THIN



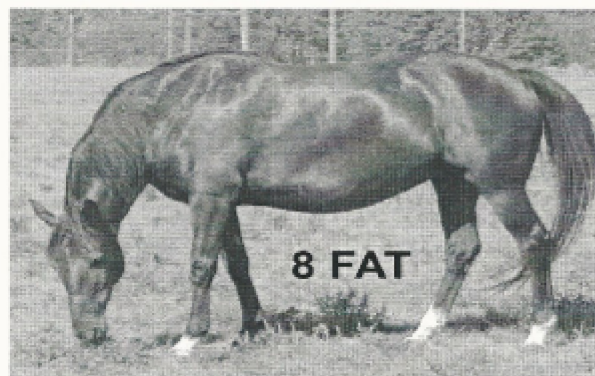
5 MODERATE



6 MODERATELY FLESHY



7 FLESHY



8 FAT



9 EXTREMELY FAT

Google "horse rescue" and you can find nation-wide, specific breed rescue groups from Arabians to Standardbreds, concerned citizen groups such as the **Pocono Animal Rescue Inc. (PAR)** that acquire farm animals (most of them horses) due to cruelty/neglect case confiscations or surrenders, and what seems like an endless listing of non-profits dedicated to saving the lives of our equine friends.

According to the Human Society of the United States, each year tens of thousands of American horses-riding horses, carriage horses, wild horses, and children's ponies-are inhumanely transported and slaughtered, their meat shipped to places like France, Italy and Japan for human consumption. Purchased by slaughterhouse middlemen at auction, horses are shipped long distances in cramped trailers without food, water, or rest. The majority of these horses are young, healthy animals that could go on to lead productive lives with loving owners.

http://www.humanesociety.org/issues/horse_slaughter/

The decision to bring any pet into your family needs serious pre-planning. That impulse purchase at the mall pet shop may bring many years of happiness to both pet and owner but unfortunately not all unions have happy endings. I recall one family year after year always had a new puppy while last years puppy was nowhere to be found. The neighbors told me that once the "cuteness" wore off, it was time to move that one along and make room for the next poor unfortunate dog.

All pets, from a little goldfish to a Hanoverian show horse have one thing in common and that is they totally depend on their human companions for their well being. Responsibility begins prior to obtaining any animal. First, ask yourself if you are able to commit to the animal for its lifetime. This important step is so often overlooked. A friend had asked me once if I wanted a horse and was trying to entice me by saying, "it's free!" to which I replied "there's no such thing as a free horse". Those of you who have horses can relate. Routine vet visits, farrier work every 6-8 weeks, feed, hay, boarding fees, maintenance associated with "back yard" stabling, and emergency vet calls make quite a dent in the horse owners pocketbook over the animals lifetime.

It's understandable that given the economy and individual situations, there will always be cases where people simply can no longer afford their animals and must make the heartbreaking decision to give them up. On the flip side of that are backyard breeders that only see potential money to be made off exploiting their animals, overloading an already out of control population of homeless and unwanted pets with their poorly bred animals that ultimately fill cages at the local pet shelter.

Wouldn't it be wonderful if there were no need for animal rescue groups? That humans who create the problems would finally recognize they are totally responsible for pet over-population and have the ability to control it? **PAR** wants to thank our community of animal lovers for their part in recognizing the sustaining role they play in their companion animals' lives ... they couldn't do it without you!

"We can judge the heart of a man according to his love for animals." Immanuel Kant

Submitted by PAR Member

Lynn Wassel

A FEW TIPS YOU MIGHT FIND USEFUL

Vinegar Uses in the Garden:

- 1- Increasing Soil Acidity: Cup of vinegar to gallon of tap water for acid loving plants.
- 2- Killing Unwanted Grasses or Weeds: (Grasses) Pour full strength of hot vinegar (Weeds) Spray full strength until starved.
- 3- Freshen Cut FLOWers: 2 Tbsp and 1 tsp sugar for each quart of water.
- 4- Removing Molds from Cantaloupes: Rub each melon with about a tsp full-strength vinegar.

Vinegar as a Car & Tool Cleaner:

- 1- Polishing Car Chrome: Apply full strength.
- 2- Removing Sprinkler Deposits on Your Car: Use full strength on a rag to wipe away lime deposits the sprinklers leave.
- 3- Getting Rid of Rusts on Tool, Bolts, Nails, Screws and Other Metals: Soak in vinegar overnight.
- 4- Removing Stains from Steels: Use vinegar-dampened cloth.
- 5- Softening Hardened Paintbrush: Simmer in boiling vinegar and wash in hot soapy water. (Don't soak item too long since it could loosen the hairs of brush) Note: Paint adheres better to galvanized metal that has been wiped with vinegar.

Vinegar Miscellaneous Uses:

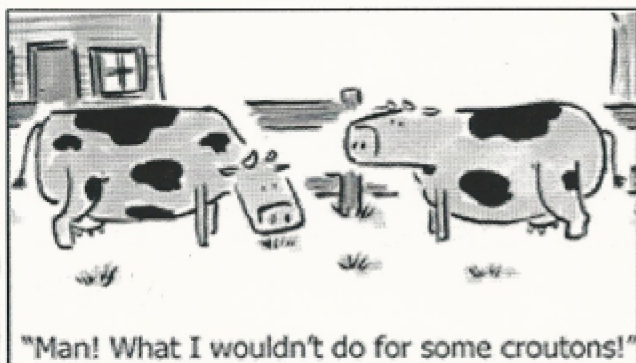
- 1- Mix vinegar with linseed oil and use it to clean your wood.
- 2- Cleaning windows by using undiluted vinegar in spray bottle. Dry off with newspaper.
- 3- Leather articles can be cleaned with a mixture of distilled vinegar and linseed oil. Rub the mixture on the leather and then polish with a soft cloth.
- 4- To loosen old glue around rungs and joints of tables and chairs under repair. apply distilled vinegar with a small oil can.
- 5- Stubborn rings from wet glasses on wood furniture mix equal parts of distilled vinegar and olive oil. Rub with the grain and polish for best results.
- 6- To eliminate mildew, dust and odors, wipe down walls with vinegar-soaked cloth.
- 7- Pour boiling vinegar down drains to unclog and clean them.

Vinegar Uses for Animal and Pets:

- 1- Reducing Fly Bites: Add approximately 5 tsp of apple cider vinegar to your horse's oats in morning and evening to dramatically reduce fly bites. Vinegar in the horse's feed also can help with mobility and breathing problems.
- 2- Gleaming Horse Coats and Dog Furs: 1/2 cup vinegar to a quart of water sprayed onto the coat of horse and dogs works like a vinegar hair rinse. Their coats will gleam and it is an extremely economical alternative to expensive show shine products.

Gold Listerine:

- 1- Spray on deck to keep bugs away before a party.
- 2- Use as an antiseptic for bee bites and cuts for both humans and pets.



Cartoons by Mark Anderson www.andertoons.com



HEE
HAW



A FEW EXTRA GAITS OF THE HORSE

The Omigod: Sudden backwards movement accompanied by loud, rolling snorts, ears stiffly forward and eyes bugging out, exhibited by a horse that has spotted a monster (invisible to the human eye) advancing on him from the front. Can be precipitated in visible form by riding up to a large blue tarp, which the wind then moves slightly.

The Hot Wheels: Speed gait in which all four legs rotate a high speed, often leaving rubber strips on the ground. Frequently exhibited by runaway ponies, rushing jumpers and horses returning to the barn.

The Sloth: Typical gait of school horse who has perfected the art of laziness. No perceptible forward movement, in spite of the encouraging kicks, clucks, flapping reins, ineffective crop swats, shouts and jumping up and down. (Note: the Sloth can be transformed into Hot Wheels by the sight of the instructor advancing with lunge whip in hand.)

THATS IT FOLKS!!! THANKS AGAIN FOR
YOUR SUPPORT